

# MCAT Preparation

## Tips and Strategies

Graduate Student Academic Support, Marian University



**Need a Strategy!**

# **What does it mean to be a good test taker?**

What do successful graduate/medical students do?

What fundamental changes have you made in the past?

Find what works for you but base it in best practices!



Strategy

## Getting Started

Learn about the  
exam

---

What you know...

---

Study Plan

---

Practice

---

# Learn about the exam

## Resources

- [Official Guide to the MCAT Exam](#)
- [MCAT Sample Test](#)
- [Mini E- book \(free\)](#)
- [Practice with MCAT Exam Features](#)

What's on the MCAT exam?

What are the exam features?

**Highlight, strike through, timer, etc.**

**How are the questions structured?**

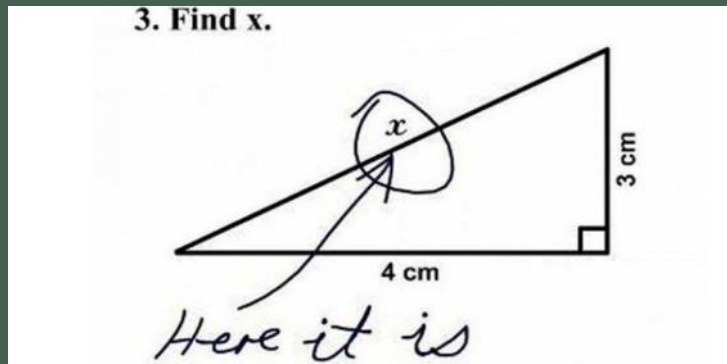
**Specific to each section**

**What is the exam structure?**

What you know...  
...and don't know

## Resources

- [MCAT Practice Exams](#)
- [MCAT Sample Test](#)
- [Mini E- book \(free\)](#)
- [Sample Test Worksheet](#)



**Complete MCAT practice exam, or similar exam. What do the results tell you?**

**Review your past MCAT exam, where do you need to improve?**

**Don't shy away from growth areas!**

**Adjustments will likely be difficult**

**Coaching**

**Realistic Learning Goals**

# Creating Study Plan

## Resources

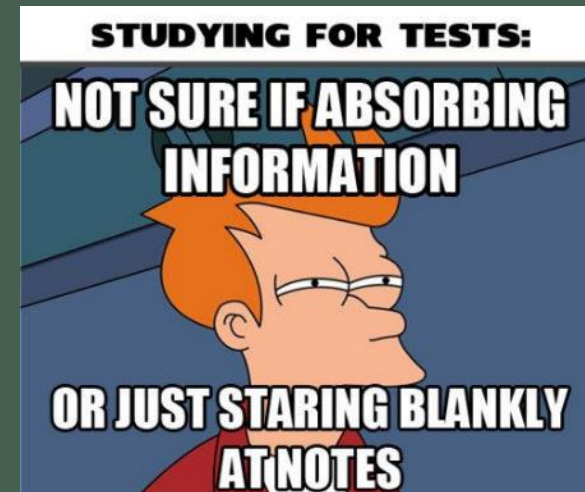
- [Khan Academy](#)
- [List of Sociology, Psychology, and Biochem resources](#)
- [MCAT Flashcards](#)
- [Kaplan Study Prep](#)

**Work backwards from your exam date**

**Provide flexibility**

**Time on task matters, but it must be efficient**

**Use provided timelines as a guide**



# Practice and Prepare

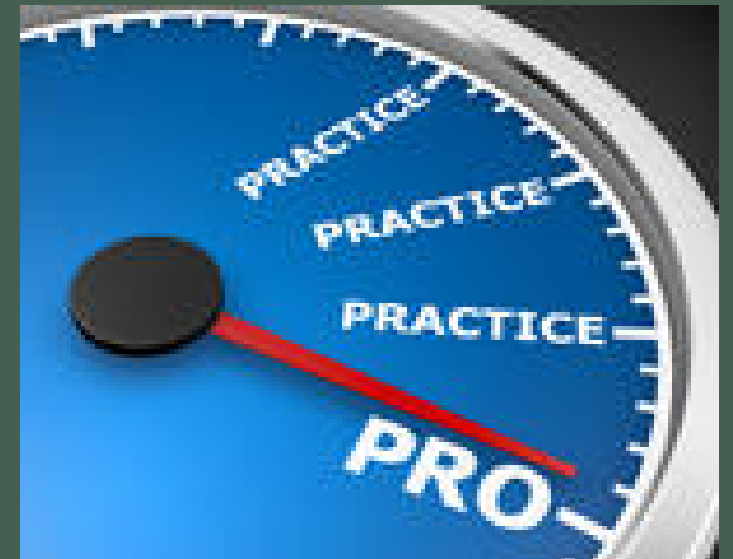
## Resources

- Strategies for Optimal Performance
- Strategies for Long Term Memory Retention

## Active Strategies

- **Apply**
- **Teach**
- **Retrieve**
- **Test**
- **Preview**
- **Space out/interleave**
- **Active Reading**

**Complete a  
simulated exam**





## Considerations

Learn from successful students

Set realistic learning goals and adjust

Don't underestimate the power of testing





Strategy

## Getting Started

What's on the  
Exam?

---

What you know...

---

Study Plan

---

Practice

---

# Thank you for listening

Be sure to check out the rest  
of our videos

Graduate Student  
Academic Support